

Consumer-Directed Services

in Virginia's Mental Retardation and Developmental Disabilities Waivers



Module 1: Are CD Services for You?

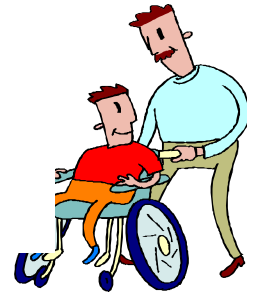
Agency-directed services	Consumer-directed services
<ul style="list-style-type: none">• Services like workshops, group homes, and day programs• Services run by an agency	<ul style="list-style-type: none">• Services that I direct• I choose the people who work for me• I am in charge

Consumer-directed means more choice.

Types of Consumer-Directed Services

Consumer-directed Personal Assistance

helps me with my daily needs, such as dressing, bathing, eating, and taking medication.



Consumer-directed Respite Services

are assistance and supports for me that give my family or unpaid caregiver some time to do things that they need to do for themselves.

Consumer-directed Companion Services

(for adults only) may help me with housekeeping, shopping, and community activities.



CHOICES

WHO works for me.

WHAT they do.

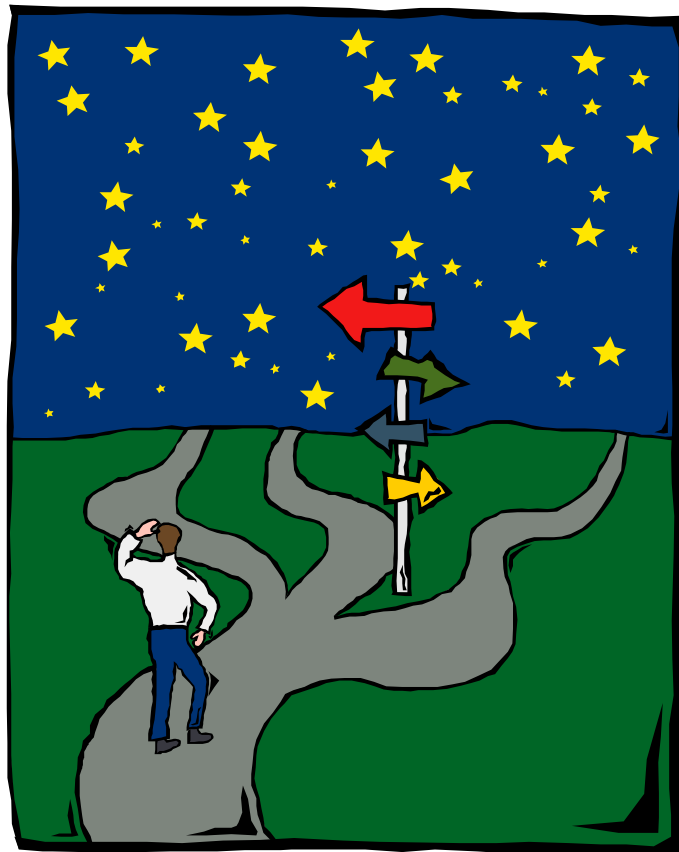
WHEN they work.

WHERE they work.

HOW long they work.

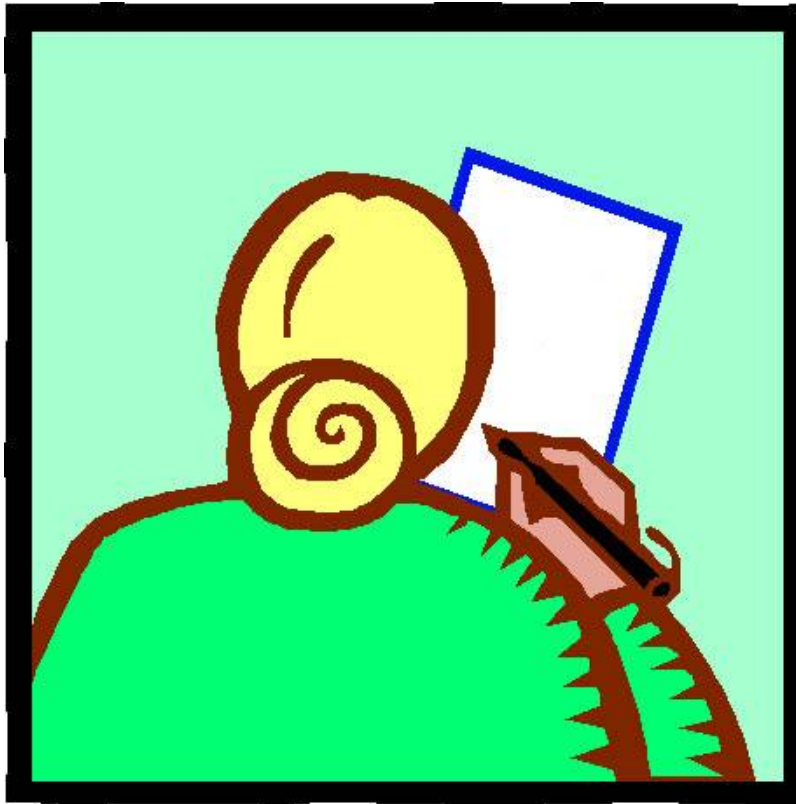
My choices must match my Consumer Service Plan.

DECISIONS



Consumer-directed services
put **ME** in charge.

Responsibilities



I have things I have to do:

1. Hire, Train, Supervise, Maybe Fire.
2. Paperwork. Make sure it is right and sent in on time, and keep copies of important papers.
3. Ask for changes, when needed.